

# ALL SAINTS' E-LETTER

VOLUME 10 ISSUE 6

JUNE 2020

## A MESSAGE FROM THE RECTOR

Dear Saints,

I want to talk about anxiety, because even as more and more people have died in this pandemic, and even though Minneapolis is on fire in the wake of an act of horrific police brutality, I'm still getting this message from all over the place that we shouldn't worry, and that Christians and Christian leaders shouldn't be anxious right now. And while I understand the intention behind that sentiment, as a student of anxiety, I want to say that anxiety is precisely the appropriate response to where we're at. It's okay to be anxious and we actually have very few biblical accounts of un-anxious leadership. Simply look at Moses, David, and the disciples. These are the shoulders on which we stand. And let's not forget Paul.

There's a verse from the 4th chapter of Paul's letter to the Philippians that's been on my mind since I first arrived in Montana, mostly because the youth of the diocese echoed its words in a really lovely video that I have watched about a dozen times. You may have already seen it, but here's the link: <https://youtu.be/cKtjPK1TzWs>.

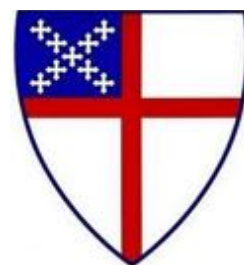
Part of what they read is Philippians 4:5, "Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything... but in every situation by prayer and petition, with thanksgiving, present your requests to God."

Now this is the kind of passage that you'd probably find on a pleasant sign in somebody's kitchen. It would be the kind of sign that would make me anxious just by looking at it. But it's interesting we don't hear the second part of Philippians 4:5. "Do not be anxious about anything, *but in every situation...*" I love this because for me as an anxious person, what I'm hearing Paul say is "Do not be anxious about any one thing, but in every situation". From an academic view, I know that's not what he means, but I'm still finding comfort in it, so I don't care!

Sometimes, when we tell one another not to be anxious, we're really saying "I don't want to hear about it". "I don't want to hear what you're worried about because it will make me more worried". "I don't want to hear about what you're scared about, because it will make me more scared".

But what we hear from scripture is that this isn't God's nature. And there is comfort in that. God actually says, "Come to me with your supplications". "Come to me with your worries". "Come to me with your anxieties".

And we know that while our human nature is bound up in fear about scarcity and enough-ness, we know that our God is a firm foundation. The Lord we worship has a steadfast heart, that's been with us long before Paul, will be with



Happy  
Father's  
Day! 

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## A MESSAGE FROM THE RECTOR (CON'TD)

with our next generation, and for generations to come.

If you tell me not to be anxious, I'm going to feel 10 times as anxious. However, if you tell me that I can bring that anxiety to God, and that he won't shame me or turn me away, then I can actually find a moment of rest there.

Please know that I'm praying for all of you in the midst of all this. Paul wrote his letter to the Philippians from prison, and I'm writing to you in a filthy kitchen with moving boxes scattered everywhere. Because things are crazy for me and they're probably crazy for you. So please know that you're not alone, that I love you, that God loves you, and that it's perfectly acceptable to be anxious right now.

Yours in Christ,

Charlie+

## CALENDAR CHANGES

You might notice that the calendar in this issue looks a little different. For one thing, it has an extra word in the title. But the main thing is that the Sunday services are no longer there. Not to despair...they're still being held. The issue is, we are having SO many of them, they don't fit in the little Sunday square any more. Other "in person" groups can be found in this e-letter with their time and place.

Everything listed on the large calendar is conducted via ZOOM. Hence the name June Zoom...

All of the Sunday services for the foreseeable future, will be listed on the last page of the e-letter above the church contact information and the Vestry information.

I hope this doesn't cause a lot of confusion. It was the best way to make sure you could easily read when all of the Sunday services were taking place.

Thank you, the Editor

## ST. ROCH'S GUILD

If you are a parishioner who is NOT in an "at risk" category for coronavirus infection (age 65+ and/or have a complication health condition or live with someone who does) we are in need of some volunteers to help sanitize the worship space after the new 7:30 am and the 9 am service. Because of the quick turnaround time between services, we need some more hands on deck. We'll have gloves and masks for volunteers, as well as bottles of bleach to spray down the backs of pews, door and faucet handles, railings and other frequently touched surfaces. If you'd like to stay after a service or come early to another, the staff would really appreciate the help. Please email Fr. Charlie at [cknuth@allsaintsmt.org](mailto:cknuth@allsaintsmt.org) for more details.



We'll call this group the St. Roch's Guild, because as the patron saint of dogs and plagues...he's pretty perfect for All Saints' at this time! St. Roch was a 14th-century pilgrim who tended to plague victims in Rome until he contracted the illness and was expelled to the forest. He would have died there if not for a holy greyhound named Guinefort, who brought Roch bread and licked his wounds, healing them.



## LECTIO DIVINA PRAYER GROUP

In May the Eastertide workshop on “Icons of the Resurrection” concluded and a new prayer group is beginning this month. This will be an in-person prayer group that will meet in the memorial garden on Thursdays from 5:30 pm to 6:30 pm. The group will focus on the practice of *Lectio Divina*, or “holy reading”. *Lectio* is a community practice that’s been performed by monastics for almost 2000 years. It has been likened to “feasting on the Word”. Savoring a few verses of scripture for all of their flavor and nutrition.

Each week in our group, we’ll listen to a passage of scripture (preferably one that we will not encounter on a Sunday morning) three separate times with an ear towards what God’s word may be saying to us. After this short, guided meditation, we’ll set our active listening in order to silently savor that scripture’s essence. After our prayer time draws to a close, there will be an open space where people may choose to share their response (or not!). If you are looking to encounter scripture in a new way, to enhance your prayer life, or simply snag a few moments of silence towards the end of the week, this group might be for you. If you have any questions, please email Fr. Charlie. His email address can be found on the last page of the e-letter.

(please note, this is **not** on the e-letter calendar this month so make sure to mark your own!)

## ALL SAINTS’ YOUTH

Since we began social distancing and sheltering in place, we’ve been thinking of ways to stay connected with our church family, as well as our community.

For kids, we are sending pdfs of Children’s Bulletins. There is one version for readers and one for non-readers, so that families may print copies for kids. They have games and stories that correspond to the Sunday Gospel reading for that week, as well as a code that kids can use to go to a website for online games and activities. If you are not receiving these and you would like them, please email [cynthia@allsaintsmt.org](mailto:cynthia@allsaintsmt.org) These are not just for parents, but for grandparents, friends, and anyone else who would like to share them with children in your lives. We also have plenty of children’s bibles to lend for younger kids, just let me know! Also keep an eye out for our YouTube videos of Godly Play or other stories for kids.



For middle school and high school youth, Fr. Charlie and I have been holding Youth Zoom meetings. We normally meet for an hour at 4 PM Sundays. If you know of any youth who would like to be included, email me and I will get them connected. It has been fun to be able to at least connect online. As it warms up, we’ll look towards outdoor meetings where we can be more active and in person while still being safe. Our next online meeting will be Sunday from 4-5.

The youth and children are also mailing handmade cards and messages of encouragement. If you would like one of these cards or would like to suggest someone who would enjoy one, please let me know. Some photos of a few of the cards that have been made are shown. If your child would like to make cards, please let me know that as well, and I’ll provide the materials and stamped, addressed envelopes.

Cynthia Benkelman

[cynthia@allsaintsmt.org](mailto:cynthia@allsaintsmt.org)

406-261-9636

**SOCIALLY DISTANT OUTREACH**

If you've been told one thing the last few months, it's been to "Wash your hands." And we've got a solution for you to stay healthy and help your neighbors in need!

SHIMA is a ministry of the Good Shepherd Episcopal Mission on the Navajo Nation, a Native American reservation in the four-corners area with a population of about 200,000. SHIMA's is a 501c3 that makes natural soaps and beauty products to help support local farmers and to provide work for those in Fort DeFiance.



You may have heard about the Navajo lands in the news because, as of this week, they have the highest infection rate of COVID-19 in the country, even higher than New York or New Jersey. This is for many reasons. Lack of access to grocery stores and healthy food (many Navajos, or Dine, drive up to 40 miles to go to the store) has led to comorbidities that contribute to infection. More startling, however, is the fact that over 40% of households on the Navajo Nation do not have running water which makes hand washing very difficult.

But here's where All Saints' comes in! Fr. Charlie has purchased a bunch of different sizes of artisanal bar soap from SHIMA, the proceeds of which have gone to the ministries of the good Shepherd Episcopal Mission. All Saints' will be accepting donations and selling these soaps amongst ourselves and local farmer's markets in order to raise money for the Navajoland Area Episcopal Mission and their ministries which, at this time, focus largely on providing food for families in need and creating infrastructure that allows for better and more convenient access to water.

Please think about contributing to this cause. We're also hoping to sell soap at Columbia Falls' weekly farmer's market or in partnership with other Episcopal churches in the area. If you'd like to place an order, please email [cknuth@allsaintsmt.org](mailto:cknuth@allsaintsmt.org). Orders can be picked up Sunday through Thursday 9-5pm. Suggested donations are below.

Look doe us to be providing samples after Sunday services and drive-thru communion for the good of the whole. Buy some soap, wash your hands, and say a prayer for the Navajo Nation while you are at it!



Rustic Cut Set  
\$10



Blue Corn, Prickly Pear Or Navajo Tea Bars  
\$12



## ALL SAINTS' GRADUATES

We give thanks for the accomplishments of this year's graduates and pray for God's grace in their new beginnings!

**Grace Benkelman** graduated from Whitefish High, where she was student body president. She also participated in varsity soccer, National Honors Society, and debate, where she is the two-time state champion for memorized public address. She is also All Saints' Junior Warden and cantor. Of these past few years, Grace is most proud of balancing her personal development and her connection to others. She will be enrolling in Harvard University in the fall.



**Claire Carlross** has graduated from Whitefish High, where she played varsity basketball and tennis, and competed in business club. She will be moving to Silicon Valley in the fall to attend Santa Clara University.

**Mary Peterson** graduated from Whitefish High, where she was center defender and captain of the soccer team. She was also a member of Math Honors Society and competed in business club. She is most proud of the accomplishments of her teammates on the field and of the relationships that she has built. Mary will be moving to Nashville in the fall to attend Belmont College. She is excited to be engaged in the creative life of a Christian liberal arts community.

**Jack Spring** graduated from Whitefish High. An avid skier, Jack is going to miss the snow as he moves to Fayetteville, AR to attend the University of Arkansas, where he will pursue a degree in marketing.

**Sam Benkelman** has graduated from Harvard University with a Bachelor of Arts in Linguistics and a minor in Computer Science. While at Harvard, Sam was co-president of the Episcopal Chaplaincy, as well as a member of "Children's Stories", a student group that writes books for young people. As one of the first Montanans that many of his peers had ever met, he took great pride in teaching folks about Big Sky country. In January, Sam will be starting a Fulbright Scholarship in the Czech Republic, teaching high school English in a town (the size of Whitefish) in Southern Bohemia. He asks your prayers for initiative, motivation, and passion for this work, and for patience as he gains fluency in Czech.

**Bergen Carlross** graduated from Scripps College with a bachelor's in Economics. In addition to her studies, Bergen worked for the Scripps Voice (the school newspaper), the admissions office, and participated in the school's chaplaincy program. She will be moving to Texas to work for Dimensional Fund Advisors, a private investment firm headquartered in Austin.

**Kate Ehrenberg** graduated from Reed College with a Bachelor of Arts in Comparative Literature. At the ceremony, she was invited to sing "The Parting Glass" with a piano accompaniment that she composed. Kate's senior thesis, "'A Bird in Flight & Cresting Waves: Gesture in Olivier Messiaen and Virginia Woolf'", was awarded the "Class of 1921" award, given to a "creative work of notable character, involving unusual degree of initiative and spontaneity". She was also awarded the Louis & Annette Kaufman Music Award for the class of 2020. After graduation, she will continue her work with the "Big Mouth Society", a non-profit that brings unique and thought-provoking music to diverse audiences in Portland, OR. She will continue to study German this year while pursuing conducting and composing. In the future, she hopes to pursue a PHD in Comparative Literature.

**Anna Peterson** graduated with a bachelor's degree in psychology from Whitworth University.

**ALL SAINTS' GRADUATES** (Cont'd)

**Saige Perchy** graduated from the University of Montana with a degree in theater.

**Jennifer Wirth** graduated with a master's in Human Development and Family Studies from the University of Wisconsin's School of Human Ecology. Her master's thesis was entitled, "This is the Way the System Works': A Qualitative Analysis of Recidivism Among Jailed Parents".

**THIS IS MIKAYLA!**

**Where did you grow up and how long did you live there?**

I grew up in Rapid City, South Dakota, which sits in the foothills between the edge of the Black Hills and the vast expanse of prairie stretching to the Great Lakes. I spent some time away for my education, and after seminary I returned to the Diocese of South Dakota to serve as Curate on the Cheyenne River Indian Reservation (north-central part of SD, just south of the Standing Rock Reservation). I was born in Ridgecrest, California, smack dab in the center of the Mojave Desert. A distaste for humidity has been with me ever since.

**Tell us a little bit about your family... do you have siblings?**

I have been blessed to have a small, close-knit family my whole life. I have twin "little" brothers who are 4.5 years my junior. Kyle still resides in the Rapid City area and manages the Ace Hardware in Sturgis. Blake followed me to the high desert of Nevada, and works for the Nevada Department of Health and Human Services. My mother, Bobbi, is a certified project manager specializing in midterm consultations for hospitals implementing large software transitions. My father, Bob, is the financial officer for a Rapid City branch of Littelfuse (based in Chicago). Yes, my parents really are Bob and Bobbi. My maternal grandparents, Ruth and Ken, have always been like a second set of parents, following us from California to South Dakota.

**Are you a "cradle" Episcopalian?**

Not really. I was baptized in a Roman Catholic church, the community my father was raised in, however my kinda-Lutheran mother could never quite find home in Rome. When my brothers were about five and could start more-or-less communicating and tending to their own needs, my folks decided we should try going to church again. They went to a Marriage Encounter weekend and their sponsors were Episcopalians who invited our family to church. We've been at St. Andrew's Episcopal Church ever since... except for the year in college when I thought I was too smart for Christianity.

**Did you always want to be a priest?**

Absolutely not! I was going to be everything else--from an astronaut to a forensic investigator to a doctor. In college, I really settled into the idea of being a diplomat: solving the world's problems one summit or cocktail party at a time. Then I realized that (1) I would be serving at the pleasure of whomever sat in the Oval Office, and (2) real change is much more attainable (and satisfying) at the grassroots level.

**Do you like sports? In which do you enjoy participating?**

I love ice hockey (Go Kings Go) and I do play a bit. I was a late-comer to the sport, when at 15 I realized that gymnastics was no longer fun and my brothers had it in spades at the hockey rink. My Mom, (God bless her), took me at my word, bought all my gear in after-season sales, and I started playing hockey my junior year of high school. I even made the SD Select team my senior year!

## HEEEERRR'S MIKAYLA!

### We know Charlie loves to fish, do you share his love of fishing?

I would never dream of comparing my fondness of fishing to Charlie's love of the sport. He introduced me to the sacramental pastime, and I must admit much of my love for it comes from his devotion. That said, nothing beats a day on the river, watching the waters flow.

### Do you play any musical instruments?

Short answer: no. I once pretended to play violin long enough to go to Europe with my high school orchestra. I do *love to sing*.

### Charlie told us about Luya, did you grow up with pets or other animals?

My family was always comprised of two-leggeds and four-leggeds. Before I even came into the mix, my parents brought their pets together to make a family: Morgan, the pit-mix who all other Dunfee dogs have been trying to live up to since, and Quasar, the one-eyed white cat. Since then, I figure we've had about 8 dogs, 5 cats, 2 turtles, a frog, and a gerbil.

### Do you have a favorite recording artist?

How can anybody pick just one? I will say, I am presently obsessed with a folk band called The Highwomen. This group performs a piece entitled, 'Highwomen,' which is a women's take on the popular 'Highwayman,' as performed in 1985 by Johnny Cash, Waylon Jennings, Willie Nelson, & Kris Kristofferson.



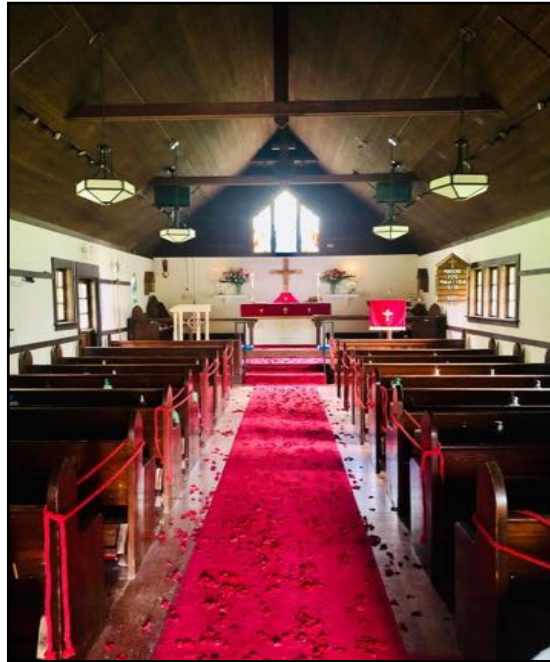
For those of you who haven't met Mikayla, she is Charlie's wife. She was the Canon for Education at Trinity Cathedral, Reno, and also the Program Director of Camp Galilee which is the Episcopal Camp and Retreat Center for the Diocese of Nevada. W



With all youth residential programs at Galilee being cancelled for the summer, she will be joining Charlie here in Montana sooner than expected.

## PENTECOST

Pentecost 2020 was a day like no other. The 7:30 am service went off without a hitch, but shortly after we had gusts of wind and tongues of fire/lightning ushering in our Pentecost. Damaging Pentecostal winds uprooted trees and caused widespread power outages, which, for All Saints' no electricity meant no music, no lights, no microphones or speakers, no usual cameras, no cell service, no internet, and therefore no live stream service. In addition, there were backup camera malfunctions, computer glitches, and a smoke detector needing a new battery (but too high up for anyone to be able to reach) which chirped constantly during the entire service. But we had faithful parishioners who braved the weather, a couple celebrating their 66th wedding anniversary, a church full of rose petals, candlelight services, and a Rector wearing his fancy red wedding shoes.



## STRAWBERRIES ANYONE???

Michael Moffitt's strawberries have once again gone crazy this spring. He has several dozen very nice strawberry plants available to go to a new home. He said it would be possible to give several people 8-12 plants each.

These berries are specifically grown for this area and do well year after year. As an added bonus, they multiply!

He handed out over 50 plants last year and everyone has said the plants have done very well.

If you are interested please email Michael at [mmoffitt406@gmail.com](mailto:mmoffitt406@gmail.com).





**PROGRESS!!! MAY 3-MAY 30**



Week 3 - Adding base material



Compacting



Soil testing



Hauling away old laterals



Week 4 - Pouring foundation



Tons of concrete up and over the sanctuary



It takes a village...or at least a lot of skilled works



Foundation done



Week 5 - New ramp - YAY!



Bases to hold large steel beams in place



Foundation walls formed and ready to be poured



Week 6 - Up and over we go again



Filling in the forms



Forms stripped and foundation wall damp proofed



More rain on Pentecost but ready for the next step....

# JUNE ZOOM 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Happy Hour</b> 5:00-6:00 pm	6
7 <b>Coffee Hour</b> 12:00-1:00 pm	8 <b>Office Hours</b> 11:00-12:00pm 2:00-3:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	9 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Office Hour</b> 5:00pm-6:00pm	10 <b>Bible Study</b> 10:30-12 noon <b>Noonday Prayer</b> 12:00-12:15 pm	11 <b>Office Hour</b> 11:00-12:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	13 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Happy Hour</b> 5:00-6:00 pm	14
15 <b>Coffee Hour</b> 12:00am-1:00 pm	16 <b>Office Hours</b> 11:00-12:00pm 2:00-3:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	17 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Office Hour</b> 5:00pm-6:00pm	18 <b>Bible Study</b> 10:30-12 noon <b>Noonday Prayer</b> 12:00-12:15 pm	19 <b>Office Hour</b> 11:00-12:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	20 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Happy Hour</b> 5:00-6:00 pm	21
22 <b>Coffee Hour</b> 12:00-1:00 pm	23 <b>Office Hours</b> 11:00-12:00pm 2:00-3:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	24 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Office Hour</b> 5:00pm-6:00pm	25 <b>Bible Study</b> 10:30-12 noon <b>Noonday Prayer</b> 12:00-12:15 pm	26 <b>Office Hour</b> 11:00-12:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm	27 <b>Noonday Prayer</b> 12:00-12:15 pm <b>Happy Hour</b> 5:00-6:00 pm	28
29 <b>Coffee Hour</b> 12:00-1:00 pm	30 <b>Office Hours</b> 11:00-12:00pm 2:00-3:00 pm <b>Noonday Prayer</b> 12:00-12:15 pm					

## COVID-19 SERVICE CHANGES AND PRECAUTIONS

# Welcome Back!

*For the love of your neighbor, please:*

- **WEAR A MASK WHILE INDOORS.**
- **REMAIN 6'-10' APART.**
- **AVOID TOUCHING SURFACES.**
- **WASH YOUR HANDS!**

*If the church is full, there is more seating available in the Parish hall.*

We resumed public worship services on May 24th adhering to guidelines set forth by the Bishop's office and in compliance with Montana's phased approach to reopening The Big Sky. In addition to the guidelines above, you can expect the following changes:

- ◆ **2 additional services (7:30 am and 7:00pm both without music) help achieve proper social distancing**
- ◆ **Masks must be worn at all times indoors (we have bandanas if you don't have a mask)**
- ◆ **Doors open for extra ventilation and air circulation**
- ◆ **All hymnals and BCPs removed from pews**
- ◆ **Large bulletins containing the entirety of the service available for everyone**
- ◆ **Every other pew roped off**
- ◆ **If you share a household, you can share a pew**
- ◆ **Changes to the order of the service**
- ◆ **Pre-sealed communion in one kind (bread only) distributed outside**
- ◆ **Post communion prayer said outside after distribution of communion**

A complete list of the Sunday services can be found on the following page.



## SUNDAY SERVICE SCHEDULE

7:30 am - service only, no music

9:00 am - service with hymns

9:00 am service is also streamed live on Facebook

10:00-11:00 am - Drive through communion

11:00 am - service with hymns

7:00 pm – service only, no music

### ALL SAINTS' EPISCOPAL CHURCH ORGANIZATION

**Church location:**  
2048 Conn Road  
Columbia Falls, MT  
Phone: 406-862-2863

**Church mailing address:**  
PO Box 1923  
Whitefish, MT 59937

Rector: Reverend Charlie Knuth  
Email: [cknuth@allsaintsmt.org](mailto:cknuth@allsaintsmt.org)  
Cell: 801-635-5162

Parish Administrator: Shawn Sloan  
Email: [allsaintsmt@gmail.com](mailto:allsaintsmt@gmail.com)  
Cell: 406-291-3613

Christian Formation Minister/Children and  
Youth: Cynthia Benkelman  
Email: [cynthia@allsaintsmt.org](mailto:cynthia@allsaintsmt.org)  
Cell: 406-261-9636

*Glory to God, whose power, working in us,  
can do infinitely more than we can ask or  
imagine: Glory to him from generation to  
generation in the church, and in Christ  
Jesus forever. and ever.*

**Find us here:**

**Just click on the link!**

**Facebook link:** [https://  
www.facebook.com/allsaintsmt](https://www.facebook.com/allsaintsmt)

**YouTube link:** [http://  
www.youtube.com/channel/  
UCPZ\\_oAI6n1GwSPS5dIAkzda](http://www.youtube.com/channel/UCPZ_oAI6n1GwSPS5dIAkzda)

**Webpage link:** [http://  
www.allsaintsmt.org](http://www.allsaintsmt.org)

**Vestry Members**

Rector: Reverend Charlie Knuth  
Senior Warden: Leif Peterson  
Junior Warden: Grace Benkelman  
Treasurer: Carl Thomas  
Clerk: Kathy Thomas  
Cynthia Benkelman  
Betsy Paugh  
Heidi Sobczak  
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